Impulse vs. Intent

Lord Jesus Christ Cntr
Legacy Blueprint: Building a Better You
Nicolas Bryan Hobson, Bishop and Senior Pastor
Mississippi and Texas
Wednesday and Friday

Scriptures

- Proverbs 13:22
- Romans 12:2
- Galatians 5:22–23
- Colossians 3:17

What Is Legacy?

- Legacy is the impact of our life on others
- It is shaped by our daily choices
- What we do today shapes tomorrow
- Everyone is building a legacy.

The Problem: Living by Impulse

- Impulse = Acting without reflection
- Impulse focuses on the moment, not the mission.

- Emotional reactions
- Spending without planning
- Speaking before thinking
- Reacting online or on social media

Why Impulse Is Dangerous

Impulse can lead to broken relationships, poor financial decisions, spiritual drift, and missed opportunities. Small impulsive decisions can create big consequences.

What Is Intent?

Intent = Purposeful decision making

Intentional people think before they act, align actions with values, seek wisdom and guidance, and focus on long-term impact.

Pursue happiness and you'll be unhappy, pursue purpose and you'll be happy.
Abhijit Naskar

Impulse vs. Intent Comparison

Impulse

- Reaction
- Emotion-driven
- Short-term thinking
- Temporary satisfaction

Impulse asks "How do I feel?"

Intent

- Reflection
- Purpose-driven
- Long-term vision
- Lasting impact

Intent asks "What is my purpose?"

Spiritual Discipline Builds Intent

Ways to grow intentional living:

- Prayer
- Scripture study
- Accountability
- Self-control
- Wise counsel

Areas Where Intent Matters

Intentional living affects:

Faith and spiritual growth, family relationships, finances and stewardship, technology and digital habits, and serving the community

Legacy is built in everyday choices.

Building Your Legacy Blueprint

5 Steps:

1. Define your purpose
2. Identify your values
3. Set clear goals
4. Build daily habits
5. Serve others consistently

Discussion Questions

1. Are you living by impulse or by intent?
2. What habits need to change?
3. What legacy do you want to leave?
4. What intentional decision will you make today?