

Dismantling the Fear Factor

The Legacy Blueprint: Building a Better You Lord
Jesus Christ Community Baptist Church
Wednesday and Friday

Introduction: The Two Faces of Fear

- **Normal Fear vs. Abnormal Fear:** Dr. King taught us fear is an alarm system. Normal fear keeps us from stepping in front of the bus. Abnormal fear keeps us from our destiny.
- **Fear as a Weapon:** We must recognize that fear is system of poverty, such as fear of eviction, fear of hunger, fear of judgement to keep people from organizing and rising. I see this in Detroit right now when people look at me strange like a hater and envy because I believe they are feared for my success and do not have any fear in my life.
- Fear is the catalyst of courage. If you are not afraid, you are not growing.

Scriptures

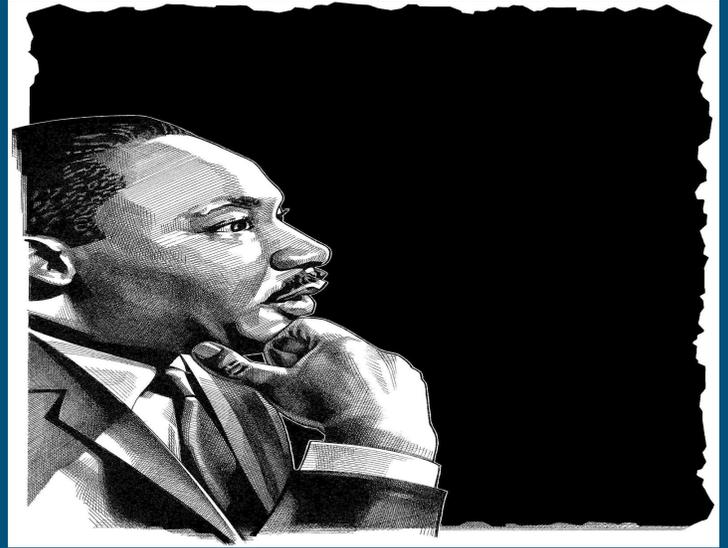
- 2 Timothy 1:7
- 1 John 4:18
- Isaiah 41:10
- Psalm 23:4
- Proverbs 28:1

The Root of Envy

1. Why do people hate on successful and sophisticated people that rise?
 2. Responsibility is the path to freedom
- People that are successful and sophisticated like myself with strong education and professional background shines light of their fear of failure.
 - Many people stay homeless because they are afraid of responsibility.
 - Many people rather live off the government being in the system to receive SNAP and Medicaid because they are feared to get a job and take responsibility for themselves. People rather the federal government to take care of them. This is fear for people to take more responsibility for themselves by getting a job and taking care of themselves
 - Fear makes people pull others down

The MLK Antidote: The Power of Faith and Love

- Facing the dread
- Fix our mentality of fear because people that are feared towards others success have mental health, anger and bipolar problems. People witness this at shared room housing because some tenants fear of other tenants in other rooms that may work to take care of themselves while they are feared and live off the government to take care of them.
- Fear is a misuse of imagination. We replace the imagination of failure with the imagination of beloved community.



Malcolm X Antidote: Radical Fearlessness

- Malcolm X taught us that once you realized you have already died to the old world of oppression, we have nothing left to fear from it.
- We use by any means necessary as a call to unstoppable progress.
- The greatest fear is the fear of who you truly are. Are you are a heir or king?



The Practical Workshop: Shifting the Mindset

- Identify the fear
 - Apply hard work and responsibility
 - The accountability partner
1. Write down one thing stopping you from success.
 2. What is one responsible action you can take today move toward that fear?
 3. Pair up with a mentor to de-program you from fear.

Conclusion: The Call to Action

Fear is a fire. It can either cook your meal and warm your home. It can burn your house down. You are learning about the harness the fire. We are supposed to be masters of our destiny not being victims of fear.

