# What to do if someone gossip about you?

Nothing and ignore it because God will judge those people. Saying nothing is the best response for people. When people gossip about me, I ignore it and don't say nothing because God is my protector. God will judge gossiping people for their actions forever. You need to set limit with people that like to gossip about others that think they know everything but they are wrong. You can verify motives of the people that gossip about you. You do not need to engage with anyone that gossip about others. When someone gossip about you, you need to tell authority known as law enforcement officer closer to you in public. When you ignore people that gossip like I do, they will get bored and stop talking about you. If someone is talking about you behind your back, You can do activities to keep yourself positive all the time. When Some is gossiping about you, talk to your friends and family. You need to remind yourself how great you are by writing or thinking about what makes you great. When someone gossip about you, do something nice for yourself because it will provide thoughts and feelings. You treat yourself kindly as a friend. You do not take gossip from other people seriously. People gossip about others are secure and try to put others down to make themselves look better. People need to realize that people who gossip are jealous.

For example, homeless people that gossip about other people in public is jealous of those people because they have a place to call home, money, food and living prosperous. Homeless people are jealous when they see others have a home to go to and they do not have anything. Children and youth gossip about other smart and sophisticated people because they are jealous of the person. My congregation and followers like me because I am not a taker and help the poor personally. People admire me because I manage a congregation that has a large homelessness foundation. I do not let gossipers intimidate me. Homeless people, youth and children gossip about others because they are envious about their success, abilities, life and popularity. Do not let gossips hurt you. You need to be careful who you talk to prevent gossip from others. People that gossip about People are not your true and real friends. Gossipers have no self esteem. Gossipers make themselves feel better.

Ways to prevent and stop gossip about you everyday

- alert your friends
- confront the source of the rumor directly
- keep a healthy self image
- ignore it
- net let gossip affect your routine
- tell an authority figure
- stay away from people that gossip
- change the subject
- do not whisper in the presence of others
- defend the subject
- leave

•

What do you like about yourself?

What do people admire me for? Give yourself compliments each day Listen to your favorite music Write or draw something Give yourself a treat every week

#### 2 Corinthians 12:20

For I am afraid that when I come I may not find you as I want to be, and you may not find me as you want me to be. I fear that there may be discord, jealousy, fits of rage, selfish ambition, slander, gossip, arrogance and disorder.

### Ephesians 4:29

Do not let any unwholesome talk come out of your mouths, only what is helpful for building others up according to their needs, that it may benefit those who listen.

#### Exodus 23:1

Do not spread false reports. Do not help a guilty person by being a malicious witness.

#### James 1:26, 4:11

Those Who consider themselves religious and yet do not keep tight rein on their tongues deceive themselves, and their religion is worthless. Brothers and sisters, do not slander one another. Anymore who speaks against the law and judges it. When you judge the law, you are not keeping it, but sitting in judgment on it.

#### Leviticus 19:16

Do not go about spreading slander among other people. Do not do anything that endangers your neighbor's life. I am the Lord.

#### Proverbs 10:18-19, 11:9, 11:13, 16:28, 17:9, 18:8, 18:21, 20:19, 26:20, 18:6-7

Whoever conceals hatred with lying lips and spreads slander is a fool. Sin is not ended by multiplying words, but the prudent hold their tongues. With their mouth the godless destroy their neighbors, but through knowledge the righteous escape. A gossip betrays a confidence, but a a trustworthy person keeps a secret. A perverse person stirs up conflict, and a gossip separate close friends. Whoever foster love covers over an offense, but whoever repeats the matter separate close friends. The words of gossip are like choice morsels; they go down to the inmost parts. The The tongue has the power of life and death, and those who love it will eat its fruit. Gossip betrays confidence; so avoid anyone who talks too much. Without wood a fire goes out; without a gossip a quarrel dies down. The lips of fools bring them strife, and their mouths invite a beating. The mouths of fools are their undoing, and their lips are a snare to their very lives.

# Psalm 34:13, 41:7, 141:3

Keep your tongue from evil and your lips from telling lies. All my enemies whisper together against me; they imagine the worse for me, saying an evil disease, saying they, cleaveth fast unto him: and now that he lieth he shall rise up no more. Set a guard over my mouth, Lord; keep

watch over the door of my lips.

## 1 Timothy 5:13-14, 3:9-11

Besides, they get into the habit of being idle and going about from house to house. And not only do they become idlers, but also busybodies who talk nonsense, saying things they ought not to. So I counsel younger widows to marry, to have children, to manage their homes and to give the enemy no opportunity for slander. They keep hold on deep truths of the faith with clear conscience. They must first be tested; and then if there is nothing against them, let them serve as deacons. In the same way, the women are to be worthy of respect, malicious talkers but temperate.

### Romans 1:29-32

They have become filled with every kind of wickedness, evil, greed and depravity. They are full of envy, murder, strife, deceit and malice. They are gossips, slanderers, god haters, insolent, arrogant and boastful; they invent ways of doing evil; they disobey their parents; they have no understanding, no fidelity, no love, no mercy. Although they know God righteous decree that those who do such things deserve death, not only continue to do these very things but also approve of those who practice them.

#### Titus 2:2-5

Teach the older man to be temperate, worthy of respect, self-controlled, and sound in faith, in love and endurance. Likewise, teach the older woman to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can urge the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.