Grace in Action: Serving through God's Love How do we need to keep Jesus in our minds throughout each day?

Heavenly Father,

We confess that our thoughts often wander, drawn away by the distractions and anxieties of the world. we ask for your grace to help us cultivate a mind that is steadfastly focused on you.

Grant us the desire and the strength to set our minds on things above.

Help us to immerse ourselves in your word

Fill our minds with your truth

Teach us to take every thought captive

Empower us to recognize and reject thoughts that contradict your truth

Grant us a spirit of mindfulness

Help us to be aware of our thoughts throughout the day

Enable us to find you in every moment

Give us a heart of gratitude

Help us maintain a consistent connection to your kingdom

We ask that your Holy Spirit would guide us in this endeavor

Guard our hearts and minds in Christ Jesus

In Jesus name, Amen.

Keeping Jesus in our minds throughout the day is a practice, a conscious effort to maintain a connection with faith amidst the busyness of daily life. Before engaging with the day, take a moment to consider how you want to reflect Jesus's love and character in your interactions. As christian and disciples, we need to start with intention. We need to start beginning our day with prayer and ask for God's guidance. We need to set our intentions. Spontaneous prayers can help maintain a connection. It is a quick thank you for a blessing or a plea for guidance in a challenging situation. What would Jesus do? It is good for us to take brief pauses throughout the day to reflect on scripture and/or spiritual principles. Listening to worship music can create a spiritual atmosphere, even during everyday tasks.

I listen to worship music to create a spiritual atmosphere around me and keep sin from around me, I listen to christian music to avoid sin and sinful idolatry from around me. After 2011, I really do not listen to rap/hip-hop music any more because the music is sinful and secular. I believe rap/hip-hop create an atmosphere around people to do sin, idolatry, temptation and abomination. It needs to be the same situation for people that like to watch sinful and ungodly TV shows at home or at a friend's house. I strongly believe people need to stop watching the news and violence movies that have a lot of violence. We need to censor our children for what they listen to on the radio, YouTube and social media. Our children and people gain ungodly and secular information on social media websites. That's why Elizabeth Warren and Bernie Sanders in the Democratic Party always advocated to provide regulations for social media companies. I strongly believe test scores in reading and math are low in this country because children and youth are on social media and listening to secular music too much. Parents allow children and youth to do it in households. Rap/Hip-Hop will continue to provide a secular and sinful atmosphere for people. There needs to be more censorship in this country to control what our children in this country can watch and music to listen to. When people play loud music in black and minority neighborhoods, those families are creating a sinful atmosphere for communities and neighborhoods. That needs to be

censored in our communities and more people need to be encouraged to create a more christian atmosphere for neighbors.

When we wake up in the morning and before we go to work, people need to read and pick a scripture in the bible to live by each day. As Bishop and man of God, I do this daily to keep God's kingdom present in my mind during the day. This will prevent abomination and sin the world to prevent people becoming LGBTQ. We need to keep the scripture that we choose locked in our minds throughout the day to remain humble and love for God and his kingdom. We need to encourage our children and youth to do this in the household, but only people need to enforce this is parents and help them find a church home. If children live in a ungodly and sinful households, they need to be encouraged to do what I did as a child and spent time with my grandmother on my biological father side of the family and taught the bible, going to Sunday school with her to her church, stay engaged with the church in a ministry and fellowship gatherings. We need to enforce media fasting with our children and youth because we need to teach them to have a deep connection with God and not love to sin in the world. Our children and youth are distracted with things in the world by always being on social media, watching secular and sinful TV shows and programs, addicted to smoking, drugs and alcohol; and stop being judgmental and gossiping about others. Children and youth need to start respecting our elders and everyone in public. Media fasting can reveal unhealthy attachments to technology and highlight how it influences our thoughts and behaviors. Media fasting encourages self-control and helps us prioritize what truly matters. Children and youth need to be more focused on God and the Holy Spirit by staying in school and getting good grades and test scores, preparing for college and good careers to get out of their parents house and/or basement. It is nothing on TV 99% of the time because all people are watching is mostly sin, idolatry temptation and violence. Media fasting can gain a clearer perspective on their lives and relationships. Media fasting can lead to increased awareness of God's presence. People need to be censored from things that encourage violence on social media, television, video games, excessive internet use, or specific apps. Media fasting is crucial to replace media consumption with spiritually enriching activities, such as prayer and bible study, meditation and reflection, spending time in nature, engaging in meaningful conversations and serving others.

- Households need to have more bible study and prayer sessions with each other 2-3 times a day for 5-15 minutes. This will make households more humble and build their connections with God and the Holy Spirit daily. Households are becoming more sinful and providing more idolatry. It leads children and youth down the wrong direction to sin, temptation and abomination. I believe this option will help bring families and friends together spiritually. Children and youth need to learn how to appreciate what they have and stop being envious of other people as teenagers, children and adults. This takes place a lot in shared room homes in this country and I never feel supportive about shared room housing. There are too many envious, instigators and haters of others in the house that are renting other rooms. People should not have to go through that.
- People need to be more honest and transparent in households and with families. That's why I tell my personal and true stories as testimonies about my childhood and family members to be open and honest about how I was growing up. I do this to connect the members of the congregation and people in the communities that could be dealing with the same situations. In my personal and true stores, I tell people how I transformed my life over to God and became a man of God. I explain to people how I became a Democrat to independent as a man of God that is Christian conservative

that is true to my values on opposing abortions and reproductive rights, same-sex marriage, censorship for gay dating websites and apps, oppose legalizing marijuana and critical race theory in schools, support prayer in schools and lower taxes. I understand people need financial resources to get by, but I educate people about my life as a cheerful and not living as a tax collector and/or mammon. I explain how I serve others spiritually while helping the homeless and poor. My family members on my mother and stepfather side of the family are against it and explain to people that they are takers, collectors and love the world more than God.

Many churches encourage media fasting as a communal practice. Churches often frame media
fasting as a tool for spiritual growth and renewal. It's seen as a way to cultivate a deeper
relationship with God and foster a more mindful approach to technology. It is worth noting that
Pope Francis has encouraged christians to consider abstaining from the distractions of digital
media. This shows that this practice is being encouraged at very high levels within the church.

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."-Philippians 4:8

This verse directs us to fill our minds with positive and virtuous thoughts. I am cautious who I am friends with because I do not want to be friends with people that will provide me with negative thoughts. I try to keep positive and christ-like people in my inner circle. That is why I like being in the Spiritual Recovery Program at Star of Hope Mission in Houston because I was surrounded with spiritual and christ-like people in the program. When I was surrounded with spiritual and christ-like staff and people, it kept me motivated and committed to God daily along with making friends with people that are Christ-like and spiritual. It is better than living in a shared room with people that act like instigators, haters and sinful-minded people. It is the reason why I cannot be in Baltimore because there is too much sin, temptation, instigators and haters. I had to do a journal in the Spiritual Recovery Program at Star of Hope Mission in Houston and my virtues remain high while I am resident in New York. I really like the home program at Victory of Jesus Christ Church in Concord, NC because I was surrounded by spiritual people and in an christian atmosphere. I left the programs because I believe in my mind and soul as a man of God that Christ Jesus did not lead me there to North Carolina. That is why I am giving a sermon on this topic because people need to learn how to stop worrying about others with their own pride by being a hater and instigators. People need to start keeping their focus, their mind and thoughts on Christ Jesus to live a positive and righteous life forever. Paul was speaking in this scripture to believers of Philippi and gathered at the church. Paul wrote the letter and spoke to the church so believers can apply it to their life. Paul wrote the letter around the Roman imprisonment.

"Set your minds on things above, not on earthly things."-Colossians 3:2

This scripture applies to me and needs to apply to you in your life because we do not need to be takers in this world. We have to understand when we die that we cannot take earth possessions with us. That is why pastors like myself say that we do not need to live our life as a tax collector or mammon. We do not need to be taking in earthly things for ourselves. Whatever life insurance policy amount I will get after I die on earth is going directly to charity. Whatever I have in possession on earth, I want it to go directly to charity after I die on earth. We cannot take money with us and must be willing to give it to charity to churches in

tithes and offerings, organizations and helping the poor. We are supposed to pay ten percent of our income to church tithes and offerings in church and bible study. When I give money to poor and homeless people, good things come back to me from above. God judges my good heart and other christians and disciples.do People told me do not let people judge your heart because God is only God that can judge our hearts from above. It is like what pastor Creflo Dollar said in previous job: job income is not a gift from God. It is income that you earn on earth. People receive welfare, SSI and SSDI is not a gift from God either. It is income that you receive from governments to keep people financially stable in their households temporarily and permanently. As christians and disciples, our gifts come from above in heaven because we live under the grace of God. This emphasizes the importance of prioritizing spiritual matters over worldly concerns, keeping our focus on Christ and His kingdom.

"You will keep in perfect peace those whose minds are steadfast, because they trust in you."-Isaiah 26:3

When we keep our minds on Jesus daily and read the bible every morning before we start our day and go to work, we can go throughout our day in peace without any sin, temptation, idolatry, evil and abomination. This will help end violence and crime in communities. Black/African-Americans need to read the bible daily and stop hanging on the streets like they are bored and not doing nothing for themselves. I encourage people to read the bible on their lunch hour or refresh their memory on a key scripture daily. It will help working people go throughout their day in peace without hate, idolatry, sin, evil and temptation. This verse highlights that keeping our minds on God, brings us peace. I did another journal assignment with my case management on self-control at Star of Hope Mission in Houston.

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."-2 Corinthians 10:5

This verse instructs us to actively control our thoughts and align them with Christ's teachings. The scripture wants us to understand our mind is like a battleground. Our mind is like a battleground because the devil wants us to focus on the world and sin. God wants us to live our life with a righteous mind in our life without negative thoughts and lies. The devil wants us to be confused and be unsure of ourselves. Christ Jesus wants us to keep our minds focused on God and the Holy Spirit. God wants us to keep our minds on this grace and mercy from above for his kingdom. The devil wants us to hate and be envious towards other people by worrying about other people. That is why I do not like shared room housing. If I do live in shared room housing, it has to be a spiritual program or with certain people that worry about themselves. I do not let the media influence me with negative thoughts because I really only be on social media for spiritual purposes. For example, tiktok, Facebook, Twitter, Instagram, LinkedIn and others. I do not want to be on social media for sinful and personal reasons.

- 1. Combat negative thoughts with the truth of God's word.
- 2. Memorize scripture that addresses common lies.
- 3. Replace negative self-talk with affirmations based on God's promises.
- 4. choosing what you allow to occupy your mind.
- 5. Practice mindfulness: become aware of your thoughts as they arise.
- 6. When a negative thought enters, consciously redirect your focus to something positive and true.
- 7. Seek God's guidance in discerning which thoughts to embrace and which to reject.
- 8. Prayer is a vital tool in this process.

- 9. Regularly immerse yourself in scripture.
- 10. Surround yourself with positive influences.
- 11. Practice gratitude and focus on God's blessings.

If you have evil and sin around you daily and want to keep evil and sin from around you to strengthen your faith in Christ Jesus, you want to pray and meditate on this prayer daily:

Heavenly Father,

Lift me up when I am vulnerable to the forces of evil and the temptations of idolatry.

I acknowledge the presence of darkness that seeks to deceive and destroy.

I pray for your divine protection over all those who are susceptible to its influence.

I will not fear your kingdom as a disciple and person of God.

Shield me from harm physically and spiritual.

I ask you to reveal the emptiness of worldly pursuits and material possessions that promise fulfillment.

Guide me to the true source of life and joy, which is you.

I pray against the forces that promote falsehood and manipulate my heart and mind.

I ask for your intervention in situations where evil seems to prevail.

I pray for your justice to prevail and mercy to extend to those who are lost and suffering.

I ask for protection for children, elderly, and those who are marginalized and oppressed.

Surround me with your love and care.

Equip me to be a beacon of light in the world.

I pray for unity and strength within my church and flock.

I place my trust in your sovereign power and your unfailing love.

In Jesus name, Amen.

The church needs to immediately raise \$500-1,400 for church operations in Detroit and New York, such as supplies and equipment, professional fees for salaries and wages for church employees, church community programs to continue helping the homeless and needy families.

Join me in supporting Lord Jesus Christ Community Baptist Church. It's really easy through @Givelify https://giv.li/8ayn6g. Let's do #MoreGoodTogether