

## **Have Faith, Being Honest with Yourself**

1 John 16:33

Master your motions

When you are honest with yourself, it is like your naked emotions. When you are are Christian and disciple, you want to be truthful to yourself and other people. You like a clean and pure heart as a Christian and disciples on earth. Christians and disciples are open with their feelings by being open and honest with people. It is a way for people take you seriously on the job, career or any situation. You are stronger in faith and Holy Spirit by being open and honest with each other with people around us. Christians and disciples acknowledge good and bad in your life.

Tell person next to you: know right and wrong in Holy Spirit

Tell the person next to you: are you honest and truthful with yourself?

Tell person next to you: sustain yourself with God

- \* Take time to reflect Admit when you make mistakes
- \* Pay attention to your feelings
- \* Find someone you trust to be open with you
- \* Be straightforward
- \* Know what you don't know
- \* practice your honest

If people are afraid to be honest with yourself and want to be open, you can seek help from your pastor or bishop for weekly or daily guidance. I had members come to me about their problems to be honest with themselves and others. I offered them a prayer and advice to stay honest. I met with family and friends to say truths in front of me in the room. People can seek and confront things you don't like about yourselves. If it is something you don't like about yourself, you need to Change it. You do not like that you have to hustle and be homeless. You need to change it by trying to work hard to get jobs and leave homeless shelters and overcrowded households. If you are tired of living on the streets, you need to change it by working hard to get jobs and permanent housing. If people want to be honest with yourself, people need to give themselves an objective appraisals. People must not be hypocrisies because it leads to the devil with wickedness, selfishness, envy, confusion, evil, hate. If someone helps you, people help the other person.

What are your strengths and values about yourself?

Are you truthful, straightforward?

Do you lie to yourself or are you confused?

Ways to be honest with yourself:

- Emotions
- Behavior
- Making extreme statements and going around the bush while they speak
- Not open to others input about advice
- Not Inauthentic

- Not delusional
- Think before you speak
- Say what you mean and mean what you say
- Communicate in an open and honest fashion
- Simplify your message so people can understand you
- Present both sides of the issues
- Act truthfully
- No repeating yourself, pauses and looking around, do not think
- Do not be ashamed to be truthful
- Meditate on truthful, noble, just, pure, lovely, good, virtues, praiseworthy things daily
- Be diligent

Christians and disciples need to know about people that are deceiving you because those people may not be good friends and people to you. Christians and disciples need to point out the people that are deceiving you, such as people worrying, stay late at work, envy and jealous, irritation, long term intimidation, do not discuss plans, too many presents, and bad mood swings. People need to be respectful to others, support everyone's interests. Christians and disciples provides and do honorable things. Christians and disciples walks with integrity because they do God work with the community to help the poor, wicked and ungodly people on earth. Christians and disciples are faithful people on earth while they serve the Lord. When Christians and disciples are honest with themselves, they are on the path of righteousness to eternal life and do not provide false witness towards others. Christians and disciples walk blamelessly in the Holy Spirit. God hates abomination, proud looks, lying tongues, hands that shed innocent blood, wickedness, run swiftly to evil, false witness with lies, and sows discord. Christians and disciples lends graciously to others without any problems or excuses. It means helping others without exceptions and excuses. God tests your heart for righteousness.

- Start out making career goals and accomplishments while you are young child
- Start getting information about the career you want to pursue to better prepare for it
- Start out praying to God and seek God to help you accomplish your goals
- Start out being responsible while you are young to study hard in reading, writing, math
- Start out being responsible while you are young to study hard in science and music
- Start out being responsible while you are young helping with chores and church
- Start out by getting good grades while you are young in school to prepare for college
- Start out in church while you are young to meet honest and Christian people
- Start out listening to your parents to know right and wrong while you are young child
- Start out performing volunteer work as a child to build up work ethic and portfolio

You need to love and honor life to have good days on earth by obedience to God and the Holy Spirit. You will have to start out while you young because it will help lead to path of righteousness in life to eternal life in heaven. When you are friends with good people and on the path of righteousness, they will prevent evil and enemies in your lives. You will be avoiding being friends that are envy, deceive you, jealous of you and others, intimidate People, negative gossip about others, and have mood swings. You can become friends with peace, common goods, seek

God, righteous.

All presidents are not honest with themselves because President Obama promoted some false information about the Affordable Care Act. Healthcare premiums is not affordable on healthcare.gov. George W. Bush was not honest with himself as President because he attacked and did not work with democrats in Congress, social security, trade, and the Iraq war. Donald Trump is not honest with himself because his inaction or late action with coronavirus outbreak, tax cuts, government spending and federal budgets, housing, ethics and corruption in governments. Most children and youth is not honest with themselves because children and youth get distracted from education and future goals by making friends with wrong people to lead to jail, incarceration, selling drugs, dropping out of school, joining gangs and path of Unrighteousness.

I want to let you know it seem like I may had coronavirus 3-4 weeks ago because I felt sick with pneumonia, runny nose, sore throat, high fever and dizziness. I listened to health experts to know how to get rid of it in two weeks. I feel fine now but may still be recovering from it because the disease is still fatal and spreading.

- Do not provide false witness against others to lie about others.
- Do not let your faith from God slip away
- Do not lie
- Stop thinking you know everything about others
- Do not be perverse

2 Corinthians 8:21

Proverbs 10:9, 11:3, 12:17, 12:22, 14:5, 21:5, 24:26, 28:18, 6:16-20

Philippians 4:8-9,

Psalms 15, 112:5

2 Timothy 2:15

Ephesians 4:25, 6:10-19

James 1:26, 3:17,

Luke 6:31

Matthew 5:8

1 Chronicles 29:17

1 John 3:18

1 Peter 3:10-12

Heavenly Father,

Help people on earth find God to seek the Holy Spirit

Help people on earth and ourselves be truthful and honest with ourselves

Strengthen faith in God among ourselves and other people on earth to provide peace

End harsh judgments and false witness against others that think they know it all

End the wicked and sin on earth

Help and Lead us in the world with love, respect and obedience

Help people make better choices when they meet new people and friends on earth that will not deceive them

Protect children and people from evil and enemies to killings, robberies and death

Protect us from sickness and diseases

Increase integrity and cheerful giving in households, families and communities

In Jesus name, Amen