

Series: Living Under God Covenant with Gladness
Let God Guide You During Stressful Times

Heavenly Father.

Thank you for another day on earth.

Increase our thanksgiving to your kingdom to be more appreciative as our personal savior.

Thank you for what you give us in our life to keep us the path of righteousness

Guide us during stressful times while dealing with tribulations

Guide us during stressful times when we do not have no one to rely on for help in our life. Homeless men and women deal with this continuously by putting themselves in situations that do not make sense.

Guide families and friends that are going through stressful times with personal finances in their households and living paycheck to paycheck trying to pay bills to get by.

Guide us when we are dealing with stress trying to find employment, permanent housing and trying to pay living expenses each month.

I ask you to continue to look down on us to give us wisdom and knowledge to live our life in the path of righteousness to heaven and letting our hearts grow as a mustard seed to heaven.

In Jesus name, Amen.

Philippians 4:6-19 (NLT)

We do not need to worry about nothing if you have strong faith and obedience to God in your life daily. When homeless men and women have stress in their life and not having anything, homeless men and women need to seek and strengthen their faith in God and the Holy Spirit. When I read Philippians 4:6, I think about what Pastor John Johnson always mentioned to me at the Star of Hope Mission in Houston that God put me in there for a reason. When I was in the Spiritual Recovery Program, I started to learn from staff and my case manager not to worry about anything and pray for God what I need before making decisions too fast that put me in bad economic situations like it did in the past in and out of homelessness. We do not need to worry about anything in our life when we have strong faith in God and his kingdom. We must understand God is our source and provider in our life, not the world. I said in my last sermons in the last series we need to depend on God 100%. We do not need to put ourselves through stress by worrying about stuff and putting ourselves in situations that do not make sense. The devil wants us to worry about everything to stress ourselves out with depression and oppression as well as mental health. Turn to the person next to you and say God is your source and healer. First you must have faith and obedience to God in your life 100%. Homeless men and women are depressed and at homeless shelters so long because they worry about stuff and put themselves through situations that do not make sense. Case managers are at homeless shelters to help you along the way, but it is what Creflo Dollar has been talking about in his sermons about faith and faith works. Some people tell me that they do not like Creflo Dollar because he is rich and lives in a mansion in the top 1%. I still have respect for him because he gives some powerful sermons to his congregation like I do. I like his sermons on faith, grace and boasting. My advice to homeless men and women is to let case managers do their job maybe 10% of the time and provide more effort to get your life on your feet 90% of the time. My advice to homeless men and women is do not sit in a homeless shelter and wait for things to come to you and put you in stressful times and put you in situations that do not make sense. Homeless shelters need worship and chapel services, so homeless men and women can seek God and live their life right away. Chapel services and people that preach

chapel services are inspirational to all homeless men and women that need to be taken seriously to live your life right for God to prevent going back out to the world from homeless shelters to end up relapsing. Turn to the person next you and say stay on the right path for God and his kingdom.

Take note of this, so you can know daily:

1. Pray to God day and night to pray for everything you want in your life.
2. Stay obedient to God and do not fall into temptation to the world to do sin or anything represented in the darkness.
3. Let God guide you by having strong faith in God.
4. Find a church home and be born again under the Holy Spirit
5. Get involved and be a loyal churchgoer.
6. Read the bible daily throughout the day and memorize key scriptures.
7. Pray for everything from God while in homelessness and do not be conformed to the world.
8. Stop worrying about things in your life and put more faith in God and the Holy Spirit to take care of your needs from above.
9. Let your heart grow as a mustard seed to heaven daily by growing your faith in God.
10. Change who you associate with in your inner circle to stay content to God and his kingdom forever.
11. Make sure we thank God for his blessings in our life for coming through for us during stressful times and situations.

When we read Philippians 4:6, I think about how we need to thank God for what he gave us in our life and thank God in a highly motivational way when we thank our family members and friends for giving us stuff. Turn to the person next to you and say be appreciative and thankful to God. As a Bishop and disciple, I always thank God and the Holy Spirit for what he has done in my stressful and hard times because I call on God to ask Christ Jesus from the throne in heaven. I never called on getting things from the world during stressful times and getting stuff from sin. I caught myself doing that before I got saved and had to confess and repent for those sins. I receive gifts and blessings from God with my strong faith.

When we read Philippians 4:7, we need to let God guard our hearts, not the world by listening to idolatry in the world from politicians that I want us to believe certain things. We need to believe in God as our personal savior and believe in his righteousness. We need to be living under God's covenant while having peace and understanding God through his word when we read his word daily. When we read his word daily, it will help us guard our hearts and mind to his kingdom and stop our wicked ways to the devil.

Read Philippians 4:8

The scripture says we need to fix our thoughts for worshiping and living under God's covenant to build our faith as a mustard seed to heaven. We must believe the devil is a liar and we must not listen to the devil trying to control our life and minds. We must not be honoring the devil and causing him their savior because that is the wrong way to go. I used to talk to some people in Atlanta previously about how they worship the devil in their life and are not loyal to God. Those people need to understand there is no way out after you die on earth. We do not want to worship the devil, so we can go through life with negative and wicked thoughts. We want to righteous Christians and disciples that want to have truthful thoughts to the kingdom, honor God and his kingdom daily, share and express love to everyone, we must have a pure

heart and mind to God and the Holy Spirit. As a christian and disciple, I think about positive things the majority of the time to stay on the path of righteousness. We need to continue to put into practice what we learned from God and your spiritual inner circle of disciples. I do this with my 47 disciples daily. I have continued to use the spiritual guidance I receive from Star of Hope Mission in Houston while living in Brooklyn.

It looks like that I will be included in the schedule to preaching at the Bowery Mission a At their 227 Bowery location and 90 Lafayette Ave location once a month. This is a good opportunity for me because I have always tried to preach the word of God to clients once a month at homeless shelters since 2014. People and clients at Star of Hope mission in Houston told me that I am a sincere and sincere worshiper of man of God and Bishop. That is what I do to position myself to receive things through faith from God. I do not endorse anything in my life without my faith in God. Right now, I position myself to receive things from God with his faith from Jesus. God has put me in a position to move to Brooklyn in my permanent housing on September 1st. When people join my church, I tell people how they can gain faith in their life and getting past the brazen altar in the Tabernacle to the Most Holy Place in the Tabernacle.

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